Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels.

Sugar-coated, tiny granules, easy to take as candy.

Backache

lithia, dissolves uric acid as water does

Officers' Training Corps-Great

Welcome Given Them.

approached what Joffre may expect.

The line of march was through Federal

street to Milk, Congress, State, Washing-

SISTER C

TOO-WE EAT

POST

Trouble Two Years

Mrs. Dolan's daughter suf-

fered dreadfully. At first small

blisters. Broke and scale

formed. Scalp sore and red.

without success. Cuticura

Soap and Ointment complete-

From signed statement of Mrs. W. F. Dolan, 3 Hazel Place, Everett,

If Cuticura did no more than soothe

touch your skin, you will in many cases

prevent these distressing experiences.

ly healed in two months.

Mass., July 14, 1916.

TOASTIES

CORN FLAKES

-Bobby

'EM EVERY DAY,

LIKES THEM

FRENCH OFFICERS

heart and kidneys.

dropsy, gout.

Topics of the Home and Household.

clothes and the effect will be twice as satisfactory.

If the bright parts of the kitchen range turn black from heat, dip a cloth in vine gar and rub on the blackened parts.

If by accident soot should be dropped on the carpet, cover it thickly with sait, then both may easily be swept up.

When one uses gas for cooking the small simmering burner is a valuable one to know how to use. Much of the cook ing may be finished on it when the food is first well heated and boiling on a larger burner.

The National League for Women's Service has begun in New York classes in wireless telegraphy, motor driving and canteen ecoking. Several hundred wom-en in that city have registered for training according to a plan approved by the Council of National Defense. The league is now organized in 26 states. Its mission. The new rates, which will go league is now organized in 26 states. Its into effect May 1, provide charges of \$2 purpose is to recruit women for service in war time and to keep the government informed as to the trained women on its first four days, and \$5 per day thereregisters ready for any given duty. As soon as the weather will permit volunteers will be instructed in agriculture. Classes will be formed also to learn how to care for the families of soldiers sent to the front.

For Spring Flowers.

or a hotbed. Sow seeds in shallow boxes, The first of these tariffs was filed yesterbut provide drainage by putting one inch day of coarse material in the bottom of the box before filling it with finer soil.

Seed should be dropped into shallow drills rather than sown broadcast, as it is easier to cover seed to a sufficient well as other organizations of shippers. depth to assure proper germination, to In reaching its decision to agree with the keep varieties separate, and to trans-plant. railroads' proposals, the league conducted a mail ballot among 300,000 shippers. A

When the plants have two to four leaves, they should be transplanted to other boxes and set far enough apart to insure steady growth. Here they may ing a heavier penalty upon receivers of be left to grow until time to set them shipments, to aid the railroads in the sunlight in a south or southwest window. mum capacity. Care should be taken in preparing the flower bed if good results are to be expected. A heavy coating of well rotted barnyard manure should be applied. This should be spuded in deeply as soon as the soil will work up freely and the surface should be raked and made smooth. The beds may then be planted according to plans made before the seeds were

The most common type of flower bed is the circular one. This has many possibilities. It is hardly necessary to say that the tallest growing plants should be placed in the center, with the lower growing plants on the outside, the shortest plants making the border. Many types of flower beds are used, particularly those made in the form of a star, or a

A Word About Bread.

Bread that has been allowed to become loses its freshness again. Loaves must already oversubscribed. More than \$5, cers to the Harvard club they were realways be kept in properly ventilated 000,000 in subscriptions have been acceptivewed from the steps of the clubhouse. pans, an earthenware pan with a perfor- ed during the last 24 hours. ated lid of tin being practical and inexwith the lids of the same material are to be avoided, as sooner or later the lid cided not to offer the entire \$5,000,000, vard hall. is certain to be allowed to drop sudden- 000 in one issue. The first offering probly on the lower part, with the result that ably will be \$2,000,000,000, and the proit becomes cracked, and allows too much ceeds will be available not later than ton, School, Beacon, to Dartmouth, to To Carry the Government Along During air to be admitted.

Damp is the worst enemy to bread, says the Albany Times-Union, and it is detail to the suggestion that the bonds reviewed by Mayor Curley and Governor better to keep the bread pan on a shelf be indeterminate as to their expiration. McCall. rather than on a stone floor for this sea- It had been thought that they would run late freely around it, and it should be nate feature now under consideration is kept from the sun if it is to retain its

It must be remembered that the smaller the loaf the more quickly will it become stale, hence the advisability of baking in large loaves, and of eating the due small rolls and fancy breads as quickly | British and French officials have exas possible after baking.

It is generally imagined that the gas cooking stove is altogether inimical to ican government might set; but inasthe efficient baking of bread. As a mat- much as many billions of foreign bonds ter of fact, the most excellent results may be obtained with one of these cookers. The ease with which the temperature of a gas stove can be maintained and regulated is a great point in its favor. If one can be obtained with a porcelain tray or bottom, so much the better; the bread will have a finer flavor than if baked on a metal shelf.

Before putting in the bread care must be taken to see that the oven is scrupulously clean, for bread is likely to absorb the flavor of anything adjacent to it. For this reason no other article of must be baked in the same oven with the loaves.

Dorothy Dexter.

You can have a wealth of Beautiful Hair



Nothing equals an aureole of beautiful hair as a frame for a pretty face. Without a background of nice hair a really pretty face frequently becomes plain but, with it, unattractive features assume life and beauty.

Every woman can increase her natural charm by using Newbro's Herpicide. Herpicide makes hair beautiful. Dandruff saps the vitality of the hair. Herpicide applied intelligently and regularly, checks this destruction of hair life and prevents the hair from falling out, giving it a snap and luster, a soft silky fluffiness which can be ac-

quired in no other way. Applications may be obtained at the best barber shops and hair dressing

It is guaranteed by The Herpicide Co.

NEW DEMURRAGE RATES FIXED

Use warm water to sprinkle starched Railroads and Chief Shippers Come to an Agreement

> RATE IS DOUBLED, EFFECTIVE MAY 1

Move Is Intended to Aid the Railroads in Rapid Handling

Washington, April 28.-The railroads of the country and the chief shippers represented in the National Industrial Traffic league, have agreed upon a 100 per cent increase in the demurrage charges over the rate in effect prior to Dec. 1, when emergency rates were prescribed by the interstate commerce comper day on each car detained for loading after arrival at its destination for the after.

Emergency rates, prescribed by the interstate commerce commission when the car shortage situation became acute last December, were \$1 per day for the first day, \$2 for the second, \$3 for the third, \$4 for the fourth and \$5 for each day thereafter. Previously the demurrage If you desire early blossoms, now is charge had been \$1 per day irrespective the time to sow the seeds of flowering of the time limit. Tariffs covering the annuals, and Farm and Fireside gives the new rates will be filed prior to May 1 by following directions for seed planting. all the railroads in the country under The plants may be started in the house the agreement reached by the shippers.

Conferences which resulted in the increased rate have been in progress for some time, between the American Railway association and the traffic league, as

BONDS MAY BE INDETERMINATE

U. S. Likely to Be Guided in This By Consideration for Allies' Securities.

Washington, April 28.-Loans by the United States government to France and Italy within the next fortnight, possibly within a week, were indicated yesterday as the outcome of negotiations in progress between French and Italian representatives and treasury department offi-

cials. tions are that France will get approxi- club in Commonwealth avenue. mately \$100,000,000 and Italy a smaller it in a cool oven for five minutes. This up to \$250,000,000 is under consideration appreclatively. will render the crumb perfectly light and by Secretary McAdoo. Meantime, Mr.

July 1. Consideration is being given in much The air should be allowed to circu- for from 25 to 50 years. The indetermiprompted in some measure by the fact International league. that the foreign securities accepted by this government as collateral for the sums loaned to the allies would have to terminate when the American bonds fall

pressed a readiness to make their bonds meet any requirements which the Ameralready issued are indeterminate as to maturity, and as the United States does not wish to place undue restrictions upon the method of furnishing securities for the loan, it is thought that indeterminate

bonds may be issued by this government. Treasury department officials continued their conferences yesterday with the representatives of entente governments concerned, and in addition conferred with American bankers concerning the details of the forthcoming issue of bonds,

"RED TAPE" AS GRAFT KILLER.

Army Accounting System Will Be Rigidly Adhered to in War Time.

Washington, D. C., April 28.-Further recautions to prevent even a suspicion f graft by army officers in the disbursement of the fund of \$3,000,000,000 which will be spent to build up a war force have been taken by the war department. The following order has been sent to all epartmental commanders:

The purchase of any article, publica ion or other thing by which an officer of the army would derive financial profit will not be permitted to be made from sublic funds during the present war.' The army accounting system has been leveloped to prevent any possibility of

officers making improper use of funds. It has been characterized as "red tape," but it is pointed out that the system has been completely successful in main objects, and it will not be relaxed because of war conditions. Every effort to decentralize the administration of army funds will be made in the interest of quick action. All officers will be held rigidly accountable, however, for their

lishur-ements. Reports come from Gloucester, Mass., of disorderly scenes which occurred the other night after a decision had been made at a boxing bout, with the chances of the Gloucester boxing fans losing the sport with any more such outbreaks. Gloucester has had these same upheavals

BANISHED—pimples, blotches, sores, humors, and eruptions, by Dr. Pierce's Golden Medical Discovery. For a poor complexion, and for the poor blood that causes it, this is the best of all known remedies. In every disease or disorder of the skin or scalp, in every trouble that comes from impure blood, the "Discovery" is the only medicine sold that does what it promises. Scrofula in all its various forms, Eczema, Tetter, Salt-rheum, Erysipelas, Boils, Carbuncles, Enlarged Glands, and Swellings, and every kindred aliment, are benefited and cured by it. Cut this out and mail to us with the name of the paper—we will mail you free a medical treatise on above diseases. Address Dr. Pierce's Invalids' Hotel, Buffalo, N. Y. Dr. Pierce's Pleasant Pellets regulate Secured on the Oth-

Secured on the Other Side

New York, April 28.-Colonel Roose-In spite of the best care one takes of oneself, any part of the human machine is liable to become out of order. The ion and take it to France as the first ion and take it to France as the first most important organs are the stomach, American expeditionary force. He made The kidneys are the scavengers and they this plain yesterday afternoon before he work day and night in separating the departed for Chicago, where he is to make an address to-night under the ausdistress are easily recognized and include such symptoms as backache, depressions, drowsiness, irritability, headaches, dizziness, rheumatic twinges, program, but insists that he should be program, but insists that he should be permitted to raise a division to be com-"The very best way to restore the kidneys to their normal state of health," posed of men who will not come under the proposed compulsory military servsays Dr. Pierce, of Buffalo, N. Y., "is to drink plenty of pure water and obtain ice law. He also believes it is a mistake to withhold sending a force to France from your favorite pharmacy a small amount of Anuric, which is dispensed by until the entire army is raised and trained-contending that half of the almost every druggist." Anuric is inex-pensive and should be taken before meals. training should be received in Europe. The colonel's attention was directed You will find Anuric more potent than

to a letter addressed to him by Joseph Leiter, asking him to have Senator War ren G. Harding of Ohio withdraw the Harding amendment to the compulsory military service bill, authorizing the re cruiting of the Roosevelt division. Colonel Roosevelt dictated the following statement:

COME TO HARVARD "No man can misunderstand my posi Will Assist in Instruction of Reserve tion unless he deliberately chooses to do so. I most earnestly and heartily favor the principle of obligatory military serv ice, I wish to see it introduced imme diately for the war, and also wish to see Boston, April 28 .- The five French it made the permanent policy of this naarmy officers, headed by Major Azan, tion. I sincerely and heartily support who will assist in the military instruc- the administration's proposals in this direction, because it is a step in the right tion of the Harvard reserve officers' outside. In case seed is sown in the rapid handling of freight and to enable training corps, arrived in Boston soon direction. I am only sorry it is not a house, plants should be exposed to the them to use their equipment to its maxi- after 3 o'clock yesterday afternoon by to supplement this step by providing for York. Much of Harvard was out to meet who would be exempt under the adminthem at the South station-certainly istration's bill.

"In other words, I am standing for Odin Roberts, president of the Harvard leave to help raise. "It is simply silly not to encourage,

Club of Boston, was the host of the five officers on the way from New York, instead of forbidding, the use of efficient factories on April 20. About 15,000 oper-where they were guests of the Harvard men who otherwise would not be used atives are employed in the 26 plants. club; and therefore it was a step from at all. All opposition to the Harding club to club, for in Boston the officers amendment is opposition to the principle will be entertained by the Harvard club. of universal military service and, how-At the South station President Roberts ever well mentioned, is in its actual effect ielded the post of host-in-chief to Presi- profoundly unpatriotic.

dent Lowell, and under their new escort. "Moreover, it is all wrong not to send supplemented and flanked by the mem- an expeditionary force abroad at the bers of the reserve officers' training corps, earliest possible moment-within the The amounts of the loans have not the officers made their way in the parade next few weeks. It is all wrong to probeen definitely determined, but indicathat finally wound up at the Harvard pose not to send anyone abroad until we have a whole army trained. As a mat-The reserve officers' training corps and ter of fact, half the training should be Bread that has been allowed to become sum. The money would come from a stale may easily be refreshened by further issue of treasury certificates of sprinkling it with cold water and placing indebtedness. The issue of another block the Frenchmen, to which they responded at the earliest possible moment, keep its achmen, to which they responded at the earliest possible moment, keep its numbers full, and put other divisions Special subway trains were used to side by side with it just as rapidly as it clastic once more, but the bread must be McAdoo is accepting belated subscrip- bring the Harvard soldiers to Boston, and is possible to send them over-and not eaten as soon as possible, as it rapidly tions to the first issue of \$250,000,000, after they had escorted the French offiover in a mass.

"The "only wise and patriotic course to follow is to vote for the immediate ap-The French colors, the Stars and Secretary McAdoo probably will make Stripes and the colors of Harvard were plication of the administration bill and pensive. Enamelled bread tins are also first formal announcement of the terms carried in the procession, and at the club also to vote for Senator Harding's propsatisfactory, but the terra cotta pans of the forthcoming bond issue within the French colors were shown outside osition, or a similar one, as an addition." and the colors of all the allies in Har-

SOME TAXATION PLANS

Commonwealth avenue and so on to the the War.

Harvard clubbouse. The marchers were Washington, D. C., April 27 .- A tentative bill for raising war revenues during the coming year probably will be report ed to the ways and means committee not Art Bues, former Giant and Brave, is later than Monday by the sub-commitnow playing ball with Baltimore of the tee drafting the measure. The list of suggestions submitted by Secretary Mc-Adoo is expected to be followed closely, though it is said to be unlikely that it will contain provisions for retroactive income and excess profits taxes, consumpion taxes or tariff changes.

Present indications are that the bill vill carry items totalling only about \$1,-500,000,000

There has been a great deal of argument over whether the income tax exemption shall be lowered to \$1,000 for single and \$1,500 or \$2,000 for married persons, from the present figures, \$3,000 and \$4,000. Most members of the subcommittee are understood to be willing to lower the exemption for single persons to \$1,000 if the full committee deems it advisable, but they are at loggerheads n the figure for married persons.

Some maintain that married persons should be allowed \$1,000 greater exemption than single, while others are holding out for only \$500. The excess profits taxes presents quite as great a problem. Whether it shall be flat tax on all profits or a continuation of the present excess profits plan has not been decided. It was said last night, however, that there was a strong likelihood of the latter plan prevailing.

Plans for taxing automobiles would provide for a 5 per cent tax on the factory cost. At this rate it is estimated \$75,000,000 could be raised during the oming year.

A tax on railroad and Pullman car tickets, to be paid by the purchaser, appears to be assured.

Could not sleep at night or rest in the day. Used remedies One great problem with which the subemmittee now is struggling is that of providing more taxes which can be placed on wealth and not passed on to the consumer. Some committeemen think the olution lies in income and excess profits plans now under consideration.

EXPOSITION CALLED OFF.

Landing of Pilgrims to Be Commemorated by Memorial.

and heal ecremas, rashes, itchings and burnings, bringing speedy comfort to tortured, disfigured men, women and children it would be entitled to the highest praise. But it does more. By using the Soap exclusively for toilet purposes, allowing no other soap to teach your skin you will in many cases. Boston, April 28.-The plan to hold an international exposition in Boston in 1920 to commemorate the 300th anniversary of the landing of the Pilgrims at Plymouth was rejected yesterday by a legislative committee. The committee, It is always a pleasure, not an effort, to use them, they are so pure.

For Free Samples by Return Mail, address post-card: "Cuticura, Dept. R, Boston." Sold by druggists and dealers throughout the world. owever, reported a bill appropriating \$50,000 for the purchase of land at Plymouth as a preliminary step toward the erection of a permanent memorial, which eventually would cost \$2,000,000.

Boston Man Tells His Experience With "Fruit-a-tives".- Now Made In U.SA.



MR. JAS. J. ROYALL S.S. "Boston", Central Wharf.

Boston, Mass., April 26th, 1914. "For three years, I was troubled with onstipation. At times, the attacks would be very severe, accompanied by Dizziness and Violent Headaches. I took medicine and laxatives the whole time, but as soon as I discontinued the treatment, my bowels would refuse to and there heard of 'Fruit-a-tives'. I used one box and the results were so be kept out of our homes and away from pronounced that I bought two dozen boxes. I continued using 'Fruit-a-tives' and noticed a decided improvement. I day to one tablet every three or four days until the twenty-four boxes were finished when my physical condition was perfect". JAS. J. ROYALL.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent by Fruit-a-tives Limited, Ogdensburg, New York.

SHOE WORKERS READY.

Willing to Make Every Effort to Increase Output.

Lynn, Mass., April 28-The joint council of the United Shoe Workers of America yestarday notified the owners the New Haven shoreline train from New the immediate use of some of the men of 26 factories which have not suspended because they are handled carelessly, how to can and preserve all surplus operations that every effort would be keep perishable vegetables in cool, dry, fruits and vegetables. made to increase the output provided represented, and there were not a few universal service, and am trying to get no changes are made in wages or hours graduates in the crowd. The reception permission for the men to serve who of labor. The council explained that this would come in through the division I ask statement was made because of the uncertainty dxisting in business circles

LET NOTHING SPOIL.

Keep Perishable Food in Coolest, Cleanest Places. Heat, dirt, improper handling, flies, in-

cts and rats or mice are the greatest od wasters. Keep Perishable Food Cold.

Keep perishables cool, clean and cov-

The moment meat, fish, milk and eggs

are allowed to get warm they begin to Bacteria and germs multiply rapidly in slightly warm food and quickly make

it dangerous or unfit to eat. Keep perishable foods in the coolest, cleanest place you can provide, preferably in a good refrigerator or icehouse, but, at any rate, in covered vessels suspended in the well, or in the coolest clean

place in your home or cellar.

Do not keep perishable foods in a hot. kitchen or pantry or in a sunny place a moment longer than is necessary. Dry cold is a better preservative than

Keep Food Covered and Clean.

The dust particles in the air carry olds and germs.

Meat, fish and milk are ideal breeding grounds for such germs. Keep your food covered so that these bacteria and germs will have as little chance as possible to get on your food.

House flies-better called "typhoid flies"-are among the dirtiest things that enter our homes. They fly from sewers privies and manure heaps, carrying filth on their feet, which they deposit on any food on which they light. Frequently germs of typhoid fever are carried by move. Last October, I went to Montreal flies in the filth on their bodies and in their excrement (fly specks).

Ordinary cleanliness demands that flies

to banish flies. Keep all food covered, Can or Preserve Surplus Vegetables and gradually reduced the dose from three a or at least screened from these carriers of deadly disease and filth. Destroy flies

by every possible means.

Guard Food Against Vermin. Rats and mice destroy millions of dollars' worth of food and other property business establishments. Many rats harbor the germs of bubonic plague. Trap

Eradicate roaches and house ants. Keep weevils out of cereals. Keep your food where such pests can

as an enemy to your property.

Keep household pets away from food. Store Vegetables and Fruits Properly. Don't let fresh vegetables or fruits wilt or lose their flavor or begin to rot ell aired and for most vegetables, dark

rather than light places. Learn how to store potatoes, cabbages root crops, fruits and other foods so that they will keep properly for later use. Don't think that any place in the celsince the closing of more than 30 local lar or pantry is good enough to store

Heat, dampness, poor ventilation, from the match with Olin.

oroughly by the Council

That seal, with all it means to the public, might well be put on every bottle that contains

PERUNA

No other remedy ever offered the American people has more friends after two generations of success; no other remedy is more generally used in the homes of the people; no other has been so enthusiastically endorsed by the thousands.

The reason is found in real merit. For coughs, colds, catarrh, whether local or systemic, and general debility following any of the above Peruna will be found effective, reliable and safe. For irregular appetite, impaired digestion and run-down system it is an invaluable tonic.

Peruna may be obtained in tablet form for convenience. The Peruna Company, Columbus, Ohio

bruising or breaking will rapidly make many vegetables rot, ferment or spoil. Warmth and light make vegetables Health protection makes it essential sprout and this lowers their quality,

Fruits.

When there is a surplus of fruits or vegetables that will spoil if kept, cook or stew them and keep them cold and covered for use in a day or two. Can or preserve all surplus food from

every year in homes, or farms and in gardens for winter use. In a morning's work with ordinary home utensils, you can put up many cans of vegetables and and kill them. Look upon every mouse fruit for winter use. If you have no garden, watch the markets. When any fruit or vegetable that can be canned secomes plentiful and cheap, buy a quantity and can it for home use next winter.

Be a Food Conservator.

Write to day to the U. S. department of agriculture or to your state agricultural college for full information as to how to keep food in the household and

Demonstrate thrift in your home. Make saving rather than spending your ocial standard.

wrestling until he has fully recovered from the injuries which he sustained

